

JAPAN SEA

HOKKAIDO

ASAHIKAWA

MT. DAISETSUZAN

OTARU

L. TOYA

SAPPORO

CHITOSE

TOYA

SHIPAO

HAKODATE

L. AKAN

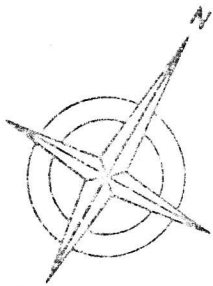
KUSHIRO

AOMORI

*Pol. Lead
Chicken Casserole for 10
Records - gifts -*

*Call Haruo if Chuo will
attend Pol. Lead -*

JAPAN SEA



AOMORI
L. TOWADA

AKITA

MORIOKA

HANAMAKI

MASTUSHIMA

SENDAI

NIIGATA

KINUGAWA

NIYO

L. CHUZENJI

UTUNOMIYA

NAGANO

TOYAMA

KANAZAWA

KAFUISAWA

HONSHU

TOYO

KOFU

FUJILAKES

MT. FUJI

YAMANAKA

ATAMI

SHIZUOKA

ITO

GIFU

NUMAZU

SHIZUOKA

TOBA

KASHIKOJIMA

AMANO

HASHIDATE

OSAKA

NARA

TOBA

SAKAI

WAKAYAMA

SHIRAHAMA

SHINJU

OSAKA

OSAKA

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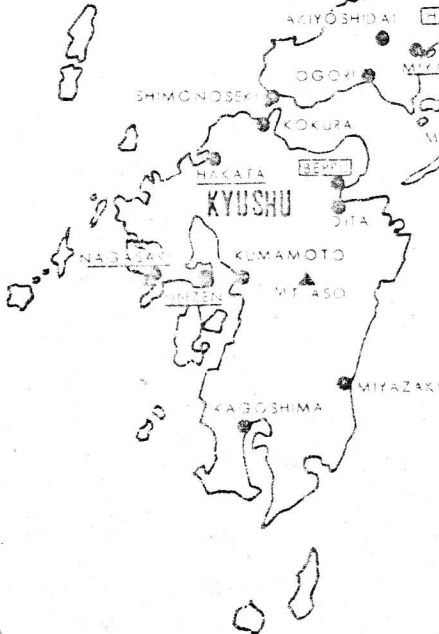
OSAKA

OSAKA

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OSAKA

PACIFIC OCEAN



HINTS FOR HOSTS

It is important for the host family to show an interest and concern for the happiness and welfare of the student and to help him feel at home through relaxed and natural hospitality. Conversations may be quite personal. Good initial subjects are family life, food and eating habits, educational systems, his area of study, what he plans to do when he returns home, and what he hopes to see and do here.

Look up something in advance about his country, but avoid controversial matters of politics and religion. Such matters are of great importance to many students, and will probably be discussed in student groups, but it is always wise to accept his lead and try never to "put him on the spot" by criticizing policies of his country or raising questions that could be awkward for him to answer.

Ask how to pronounce his name correctly. Pronunciation of Japanese is relatively simple. When written in Roman letters, called romaji, the vowels are pronounced as follows:

a	as in	car	ah	Long vowels usually written as combination of two:			
e	as in	red	eh				
i	as in	machine	ee	ei	a as in	mate	ay
o	as in	cocoa	oh	ai	i as in	sigh	eye
u	as in	pull	oo				

Each syllable ends with a vowel, and each is usually given equal stress accent. For example: Sakai = Sah-keeyeh Miyamoto = Mee-yah-moh-toh

If the student has trouble with the spoken word, please speak slowly and clearly, but not loudly. A smile and a laugh will go far in bridging the communication gap. Don't be reticent about signs and gestures. It has been the experience of previous hosts that the courteous students tend to smile and answer "yes" even if uncertain of what has been said. If you must convey an important message -- such as a time to be ready, to eat, etc. -- print it out for your guest. These young people have been reading and writing English for several years but have little speaking experience. If you run into real difficulty, a list of emergency numbers is attached so that you may call someone for clarification.

Our food is quite different than Japanese, so it may be wise to serve simple meals with plenty of vegetables at first. Explaining the contents of a dish will be helpful. Eating American food will be as much an experience for these students as any other part of their trip. Don't be concerned about preparing Japanese food as they will be entertained by the Japanese-American community.

Acquaint your guest with your home, especially the bedroom and bathroom facilities he will use. Feel free to explain everything, and if your guest shows any hesitancy, take the lead and just say, "This is the way we do it" and demonstrate. Explain also, as the opportunity arises, the family relationships and how the family functions. American families are much freer in activities than Japanese, particularly in the freedom that children have to come and go.

If you find it inconvenient to provide transportation to assembly points, feel free to call other hosts for assistance. You are being asked to keep your guest half of the time he is in Berkeley. Each student will move to another home on August 2. The two families can get together on a convenient time for making the exchange and for a short review of the kind of entertainment and trips which have been shared in order to avoid duplication.

Many students from abroad report their best experiences in our country were the times spent with families in their homes. Our aim is to give our guests from Japan an opportunity to participate in American family life and to visit nearby events and areas which we think will provide a good cross-section of life as we know it.

GROUP ACTIVITIES SCHEDULE

July 25 (Saturday) ARRIVAL of the Sakai-Berkeley Student Exchange Group is scheduled on Flight #846 at 7:20 a.m., at the San Francisco International Airport, International Arrivals Area, in the south end of the South Terminal. They are on a direct flight from Tokyo so will have to go through customs, which can take from twenty minutes to an hour. Host families may meet students there or at the Berkeley YMCA about 9 a.m.

July 26 (Sunday) POTLUCK SUPPER, 5:30 - 9 p.m., at the Hargers, 1145 Woodside Road. All Sakai students, members of the Berkeley-Sakai Student Exchange in 1969, and high school and college age host students are urged to take this opportunity to get acquainted.

July 27 (Monday) RECEPTION, 10 a.m. at the City Hall in the Mayor's office, followed by a tour of City offices.

WALK to U.C. Campus with a bag lunch to be eaten out-of-doors.

WALKING TOUR of Campus, starting from the Visitor Center in the lobby of the Student Union at 1:15 p.m.

MINI-TOUR as desired, 3 p.m.:

- 1) Lawrence Radiation Laboratory 2) Lawrence Hall of Science 3) Other

July 28 (Tuesday) OVERNIGHT for Sakai students only at Berkeley Cazadero Music Camp, leaving Berkeley YMCA at 10:30 a.m. Bring bag lunch, sleeping bag, warm jacket, swim suit and musical instruments. This camp is a two and one-half hour drive northwest of Berkeley in the beautiful California Redwood tree area near the Russian River. It is attended by serious music students from the Berkeley schools, 5th grade through 12th grade.

July 29 (Wednesday) RETURN from Cazadero to the YMCA between 5 and 5:30 p.m. *[Handwritten signature]*

July 30 (Thursday) LIONS' CLUB LUNCHEON, Noon, Berkeley House Motel, 920 University. Sakai students are invited guests. Host students may attend by two-day advance reservation and \$2.75. Call Mr. Hirota at 526-8626, evenings.

MINI-TOUR as desired in the afternoon:

- 1) Berkeley High School Summer Session 2) U.C. Summer Session 3) Other

July 31 (Friday) CONTRA COSTA COUNTY FAIR, Antioch. Fair officials will provide our group with Courtesy passes, tickets to the Rodeo and a section in the grandstand will be reserved for us. All members of host families for both weeks are invited. Families are free to go at any convenient time during the day or evening. The RODEO is at 8 p.m. 1969 BSSE also invited. The City of Antioch is northeast of Berkeley and can be reached in about an hour. Take California State Route 24 through the Caldecott Tunnel; on to Interstate Highway 680 (joins near Walnut Creek); on out to California State Route 4 (a right turn marked Pittsburg and Antioch); on to Antioch City limits and take the Somerville Road exit; circle back under freeway; drive to the first stop-light (Antioch-Pittsburg Highway) turn right and continue until the entrance to the Fairgrounds.

August 1 (Saturday) With Families

August 2 (Sunday) SUNDIAL DEDICATION CEREMONIES, 4 p.m., at the foot of University Avenue in Berkeley's handsome new Marina. The imposing sundial, designed by Frank Tomeik, architect, carries a bronze plaque which dedicates it to the Sister City relationship between Sakai and Berkeley. Colorful festivities are being planned. Following the Ceremonies, a BANQUET is planned at the WING KONG RESTAURANT, 2005 Shattuck Avenue (at University). A special Chinese dinner will be served. Sakai Students are the invited guests of the Berkeley Sakai Association. All members of host families are invited to attend. Reservations are \$3.00 per person. Send checks, made payable to "Berkeley Sakai Association" to the Chamber of Commerce, P.O. Box 210, Berkeley, CA 94701, or stop by the offices at 1834 University Avenue, by Thursday, July 30. The entire community will be informed of this event, so it would be wise to make reservations immediately. We will have to operate on a first-come, first served basis. (5)

August 3 (Monday) Free Day

August 4 (Tuesday) OAKLAND CITY TOUR by car. Oakland adjoins Berkeley on the south. Its population is about the same as that of Sakai. Leave YMCA at 9:30 a.m.

SUMITOMO BANK LUNCHEON, Noon. Sakai students are invited guests.

OAKLAND MUSEUM TOUR. Opened in September 1969, this is one of the newest museums in the U.S. It has three floors, each housing a separate division: Natural Science, History and Art. This museum features California collections. All of the plants and animals in the Natural Science division and all of the items in the History division are from our State. An artist must have worked in California at one time to be shown in the Art division.

August 5 (Wednesday) ROTARY CLUB LUNCHEON, Noon, Berkeley House Motel. Sakai students are invited guests. Host students may attend by two-day advance reservation and \$2.75. Call Mr. Moore at 848-6800 or 234-2613.

MINI-TOUR as desired in the afternoon.

August 6 (Thursday) CIRCLE TOUR OF SAN FRANCISCO BAY by bus, courtesy the Berkeley Chamber of Commerce. Leave YMCA at 10 a.m. We will cross the San Francisco-Oakland Bay Bridge to San Francisco where several stops will be made. Then, across the Golden Gate Bridge to Marin County; on across the Richmond-San Rafael Bridge and back to Berkeley. A more detailed itinerary will follow.

August 7 (Friday) VISIT SAN FRANCISCO via public transportation, meeting at the YMCA at 10 a.m. There will be time for downtown shopping and sightseeing, including the Japanese Cultural Center and a cable car ride to Ghirardelli Square.

August 8 (Saturday) JAPANESE-AMERICAN CITIZENS' LEAGUE SAYONARA PARTY, 6-9 p.m. at Live Oak Park Center, Shattuck Avenue & Berryman Street. Sakai students are invited guests. All members of host families for both weeks may attend by two-day advance reservation: Adults, \$1.50, Children, \$1.00. Call Mrs. Shimada at 848-6800 or 524-2478. 1969 BSSE also invited.

August 9 (Sunday) DEPARTURE. Gather at 7:00 a.m. at San Francisco Greyhound Bus Terminal. Host Families may go there directly or make other arrangements through Mrs. Harger, 848-9018.

Unless otherwise arranged, students and hosts should plan on a regular meeting at the YMCA about 5 p.m. on outing days.

MINI - TOURS

Inasmuch as your time here is short and people's interests differ, we have endeavored to set up what we have named, "Mini-Tours". These tours are "mini" only in the number of people participating, not in content. Below are listed some of the places and things we thought might interest you. At the Potluck Supper, Sunday, July 26, there will be a sign-up sheet on which you can register your interest and suggestions.

Some of these tours have already been set up at times indicated on the schedule. Others will be offered when we learn of your interests. DO SIGN UP on Sunday so that the necessary arrangements can be made.

LAWRENCE RADIATION LABORATORY - grew out of the invention of the cyclotron in 1929 by the late Ernest O. Lawrence. The cyclotron and its descendants have played an important part in the flowering of nuclear sciences and the development of nuclear energy. The laboratory has five research and teaching divisions: physics, nuclear chemistry, biomedicine, bio-organic and inorganic materials.

LAWRENCE HALL OF SCIENCE - a memorial to Ernest Orlando Lawrence, inventor of the cyclotron and Nobel Prize winner. The hall has as its primary objective the improvement of science education for youth. Laboratories, workshops, seminars, classrooms and special exhibits provide opportunities for teachers, students, and the public to learn the principles of science.

THE BOTANICAL GARDEN - 25 acre garden which provides for research with living plants, supplies teaching material and offers botanical instruction for the public. Its collection of about 25,000 species is especially strong in succulents and South American, South African and Australasian plants.

HOSPITAL -- Berkeley has two, Alta Bates and Herrick Memorial

BERKELEY HIGH SCHOOL - Summer Session, some classes in progress

UNIVERSITY OF CALIFORNIA - Summer Sesseion

SPORTS EVENT - Indicate kind

BUSINESS CONCERN - Indicate kind

PARTICIPATE IN A SPORT - tennis, bowling, ice skating, swimming, etc.

VISIT STORES - department, dress, food, homewares, etc.

ART MUSEUM

MOVIE

MUSICAL EVENT - classical, jazz, rock, etc.

Please add any place or thing we have failed to mention.

H O S T F A M I L I E S

STUDENT	July 25 - August 2	August 2 - August 10
Nobuko ABURATANI	Dr. & Mrs. S. Babington 81 Hillcrest Road Berkeley, CA 94705 663-1400	Mrs. P. Shack 1537 Grove Street Berkeley, CA 94709 845-5975
Takakiyo AKASAKA	Mrs. J.A. Nakamura 565 Santa Barbara Road Berkeley, CA 94707 526-0344	Mrs. Barbara Gregg 961 Santa Barbara Road Berkeley, CA 94707 527-0922
Mie AMATSU	Mr. & Mrs. Robert Bergman 29 Tanglewood Road Berkeley, CA 94705 848-8970	Dr. & Mrs. G. Barron 2955 Avalon Avenue Berkeley, CA 94705 841-2618
Masafumi HARADA	Mr. & Mrs. C. L. Edmond 1541 Parker Street Berkeley, CA 94703 843-8636	Mr. & Mrs. W. E. Morris Durant Hotel 2600 Durant Avenue Berkeley, CA 94704 845-8981
Takumi HIRAKAWA	Mr. & Mrs. T. Hirota 1447 Ada Street Berkeley, CA 94702 526-8626	Mrs. E. Mallman 1705 California Street Berkeley, CA 94703 843-1974
Hideyuki KANEKO	Dr. & Mrs. C. Koch 2967 Avalon Avenue Berkeley, CA 94705 849-2156	Mr. & Mrs. J. Shimada 1409 Ada Street Berkeley, CA 94702 524-2476
Yoshio MATSUMURA	Mr. & Mrs. Arthur Abrahamson 42 Tunnel Road Berkeley, CA 94705 845-7465	Mr. & Mrs. T. Hirota 1447 Ada Street Berkeley, CA 94702 526-8626
Yoshiaki MORIWAKI	Dr. & Mrs. C. Koch 2967 Avalon Avenue Berkeley, CA 94705 849-2156	Mr. & Mrs. Frank Yamaseki <i>Realty Business</i> 2335 McKinley Avenue Berkeley, CA 94703 849-2163
Yuzo NARA	Mr. & Mrs. W. E. Morris Durant Hotel 2600 Durant Avenue Berkeley, CA 94704 845-8981	Mr. & Mrs. J. Shimada 1409 Ada Street Berkeley, CA 94702 524-2476
Yoshie ONISHI	Mr. & Mrs. James Murashima 760 Keeler Avenue Berkeley, CA 94708 464-0865	Mr. & Mrs. Robert Beechan 505 Avie Drive El Cerrito, CA 94530 526-0895
Kimieki SATO →	Mrs. Barbara Gregg 961 Santa Barbara Road Berkeley, CA 94707 527-0922	Mr. & Mrs. T. Hirota 1447 Ada Street Berkeley, CA 94702 526-8626
Eiko SHIMONO	Mrs. A. Green 1916 - 87th Avenue Oakland, CA 94612 568-7699	Mr. & Mrs. R. O. Austin 1805 Marin Avenue Berkeley, CA 94707 525-4612

12506-900
Solano

STUDENT	July 25 - August 2	August 2 - August 10
Hiroko SUZUKI	Mrs. E. Mallman 1705 California Street Berkeley, CA 94703 843-1974	Mr. & Mrs. Henry Bugatto 2211 McKinley Avenue Berkeley, CA 94703 843-0375
Yuko YAMAGUCHI	Dr. & Mrs. Y. Kawamura 7615 Potrero Avenue El Cerrito, CA 94530 237-0821	Dr. & Mrs. G. Barron 2955 Avalon Avenue Berkeley, CA 94705 841-2618
Ichiro YAMAZAKI	Mr. & Mrs. W. Maniwa 1709 Hopkins Street Berkeley, CA 94702 525-3395	Mr. & Mrs. Winslow Rouse 545 Albamarle El Cerrito, CA 94530 843-1399 (Work)
Haruyuki ZENITANI	Mr. & Mrs. K. Thomas 364 El Toyonal Orinda, CA 94563 254-8790	Mr. & Mrs. W. Maniwa 1709 Hopkins Street Berkeley, CA 94702 525-3395
Mr. Akira MIYAMOTO Group Leader	Mr. & Mrs. Shigeru Jio 2121 Oregon Street Berkeley, CA 843-3134 843-3134	Mr. & Mrs. J.V.K. Harger 1145 Woodside Road Berkeley, CA 94708 848-9018

IN CASE OF EMERGENCY, Students or Host Families may call:

Mrs. Nancy Shimada (day) 848-6800 - Berkeley YMCA (evening) 524-2478
 Rev. I. Kikawada - - - (evening) 525-8767
 Rev. W. Porter (day) 848-0528 - Pacific School of Religion (evening) 524-5955
 Mr. & Mrs. J.V.K. Harger 848-9018 Co-chairmen, 1970 Student Exchange

BERKELEY-SAKAI ASSOCIATION BOARD OF DIRECTORS

President, Tad Hirota 526-8626
 Vice-President, Shigeru Jio 845-1977
 Secretary, Marie Gilchrist (Mrs. Dwight) 526-5673
 Treasurer, William Burton
 Directors: Ruth Adams (Mrs. Julian) 845-4725
 Fern Harger (Mrs. J.V.K.) 848-9018
 David Marshall 524-2380
 City Council Representative: Tom McLaren 658-6529
 Student Representative: Bob Morris 845-9881

5 - Rodeo
1 - Pt. Look

Other Nearby Sister City Relationships

State of California.....Osaka Prefecture Richmond.....Shimada
 San Francisco.....Osaka City Antioch.....Chichibu
 Oakland.....Fukuoka